

Beka's
Buzz

This time of year is my favorite. I love the crisp air, the changing leaves, wool socks, and any reason to have a hot cup of coffee in the middle of the afternoon. My most favorite thing about this time of year is bonfires. The smell of burning wood takes me back pine fire circle at camp where you could see all the stars, hear the night creatures, and the sweet laughter of children. I worked at Agape Kure Beach Ministries for three years; I would work retreats during the school year in college just to spend more time there. My favorite thing was campfire in the woods. That smell is so familiar and comforting. I was guilty of not washing my hair the first night because I wanted that smell to stay in my hair forever. Camp is a special place, I feel most connected to God, my call to ministry, and to the communities I was a part of. Camp has this incredible ability to pull anyone together to share a one of a kind bond around a campfire.

This place and feeling mirrors my feelings towards our church family, we celebrate together in community at our thanksgiving meal, trunk or treat, Reformation lunch, and more all because we are centered around the spirit. This sense of familiarity, and comfort pull us together to celebrate with Emily, Catherine, and John as they confirm their faith. The same feeling of ease and community is what pulls us together for Trunk or treat; where young people are dressed up and enjoy being with all people of our church. Holy Comforter has this amazing ability to pull folks from all walks of life in, and center us around God, neighbored by each other. When I worked at camp, we had certain times of year to help recruit new staff and all I could ever say is "there is nothing like

camp, it changes you." That phrase seems to come to mind often when others ask about my church people. It is incredible the moving parts and pieces of our community that make us the functioning body of Christ. There is nothing like the smell of campfire, and Holy C church people.

Are you interested in a place to get involved? **HCY** meets on the **2nd and 18th**. The **HCY lock-in** will be **November 9th-10th**. **Kids Club** is **November 17th**. Christian Ed *meets virtually via email*, be on the lookout for information about the Christmas play and other seasonal activities. If you're looking to get involved, please don't hesitate to email me.

Beka, Youth & Family Ministry

Faithful Families Tip:

Prayer Beads:

supplies: Beads and string

Each family member gets string that is the same length and each person chooses the beads they like the most or are most special to them and then string the beads. Ask the question "how could the beads help us pray?". While you pray, have your family hold their beads. As you use these beads consider assigning meaning to each of the beads.

BCO November Items:



Oatmeal & Spaghetti Sauce



Lutheran Church of the
Holy Comforter **COMMENT**

216 N. Main Street , Belmont, NC 28012
704-825-2483 holycomforter@gmail.com

Micah Kearney, Pastor email: mkearney@holyc.org
Greg Cline, Organist /Choirmaster
Beka Forst, Director of Youth & Family Ministries
Dianne Lail, Communications/Office



⁵And the one who was seated on the throne said, "See, I am making all things new." Also he said, "Write this, for these words are trustworthy and true."
^{6a}Then he said to me, "It is done! I am the Alpha and the Omega, the beginning and the end."

Revelation 21:5-6a

Communion Opportunities for November

November 4 **All Saints' Sunday**
November 25 **Christ the King Sunday**

(Communion on other Sundays after the service)



Dianne Lail, Communications/Office Manager
Volume 39 No. 11

SUNDAY SCHEDULE 9:30 am Sunday School
10:30 am The Service
Church Office Hours Monday-Thursday
8:30 am—3:00 pm



FROM THE PASTOR

Grace and peace,

November 6 is, first and foremost, my wife Jenn's birthday. It is also election day around the country. It is the day when we exercise our right to vote for who will run our local, state, and national government. The ramifications of our votes are incredibly wide-reaching, covering innumerable topics from local zonings to international relations. The way people approach this right to vote ranges from extreme apathy to passionate campaigning for causes and candidates. In this emotionally charged era of politics, I wanted to share just a couple thoughts on voting.

First is that, while voting is a right, it is also a power. It is a way for us to have influence over the lives of others. We tend to not think of it that way, in part because most other people 18 or over have the same amount of power, but it is that. Throughout his ministry Jesus uses his power for the sake of others, to lift up the poor, sick, vulnerable, and oppressed. Jesus calls us to that same ministry as well, using our power for the sake of others. Which is why I believe voting from a solely self-serving perspective is not a Christian approach. We are also called to consider the effects of our vote on others, particularly the most vulnerable, for whom changes in social structures and patterns will

have the most effect, good or bad.

Second, in 1774, in an excerpt from his journal, John Wesley is quoted as saying, "I met those of our society who had votes in the ensuing election, and advised them 1. To vote, without fee or reward, for the person they judged most worthy 2. To speak no evil of the person they voted against, and 3. To take care their spirits were not sharpened against those that voted on the other side." Part of me worries this might be taken so far as to say we cannot have discourse and debate, which I believe is not a healthy, but I do believe we too quickly assume the worst intentions of people affiliated other than us, assume the worst of those who vote for them. Wesley's words are a reminder to me that a vote that cancels my own does not preclude a relationship with the person casting it, as we too often assume these days.

Lastly, please vote. It is one of the many ways we are empowered to care for the world that God made; the land, sea, sky, and all creatures in it.

***Yours in Christ,
Pastor Micah***



Wholistic health...what exactly does that mean?

Healing does not mean just the lack of illness or disability. Actually, the root of the word heal means wholeness. This is how the concept of wholistic health came to exist. As Christians, we remember that our wholeness involves harmony and balance among all aspects of our life, with our relationship with God as our center. Lyman Coleman in his study entitled Wholistic Health states: "The Biblical concept of wholeness is expressed by the word 'shalom' in the New Testament. The word means wellbeing...health...happiness...and harmony. The word implies the healing of all fractures between man and God, man and man, man and nature, and among man, nature, and God." Wholistic health refers to a process of wholeness that exists when there is harmony or balance among the different aspects of our life – the mind, body, spirit connection of our human-ness. If one part of us is diseased or not in harmony, the other two will falter, as well. Example: You receive a diagnosis of a chronic, progressive illness. You are experiencing physical symptoms you don't know how to deal with (body), you do not understand them or their implications (mind), and you don't feel you are being supported by your family, friends, and church in ways that are important to you (spirit).

If something or someone doesn't step in and try to connect these pieces for you, you will have a hard time dealing with this new diagnosis and learning to live with it in a "healthful" way. This is where I (your Parish Nurse), Pastor Micah, and the Health Ministry can help. We can get you connected to all the pieces you need to feel whole again, even while living with a chronic illness.

During these early months of the existence of the Health Ministry within our congregation I, along with the Health Ministry committee, will be striving to put into place some "healthful" offerings for you. We will bring you CPR training, exercise, and possibly some educational seminars, amongst other things. We appreciate the resounding response we received to the surveys we circulated a couple of weeks ago – a survey that asked you for your suggestions of what we can offer to you to help you live a more "healthful" life, and a survey asking you to give of your time and talents to help others in our congregation. so please continue to give us your input as to what kinds of programs, classes, and services you'd like to see and watch the bulletins for announcements of dates. **We wish you "shalom!"**



Hosted by your Parish Nurse and the Health Ministry Committee, sign up now for **CPR/first aid/AED** training to be held on **Saturday, November 17th from 9am-1pm.**



Contact Teresa Keller, Parish Nurse, at 717-329-8507 or parishnurse0407@gmail.com.
Save a life NOW!"

MUSIC NOTES

On All Saints' Sunday we traditionally sing the renowned hymn, "For All the Saints." This has been debated by many scholars as one of the finest hymn tunes ever written. Ralph Vaughn Williams composed the original tune which first appeared in the "English Hymnal, 1906."

For those who long for the good ole musical days it is interesting to note that the original text was based on a Finnish folk tune which sported 22 verses. Many of those were written for specific Saints such as, John the Baptist, Thomas, Mary Magdalene, Mary, Mother of Our Lord, and others. Our current ELW hymnal has whittled that down to 7 verses, which we will join in song together on November 4.



The children's ensemble has a number of songs to offer in the coming weeks. We just need to get everyone together to rehearse at the same time.

This can be challenging with such busy family schedules. A reminder that we meet upstairs on Sunday mornings at 8:45-9:30, transitioning directly into Sunday School.



We have 8 youth who signed up to accompany our new Vespers liturgy during the upcoming Advent Season. This handbell ensemble will rehearse during the month of November. (See calendar for date and time.) Details of this service of worship will appear in the December newsletter.



All of our adult choir ensembles continue to work diligently on compositions for upcoming services of worship,

including many festivals from All Saints', Christ the King, Advent season including Advent Vespers, Hanging of the Green, and Christmas. So the next 6 weeks are not leisure rehearsals. We pray for a light cold and flu season amongst the flock.

Greg Cline
gclinea440@aol.com
704-860-4460

November 8th - at 10:00 am
Meet at the
Billy Graham Library

November 10th at 7:00 pm
in the Fellowship Hall.
Ladies will make Care Packages for
our college students.

HCY Lock-In
November 9th-10th
6:00 pm Drop-Off on Friday
8:00 am Pick-Up on Saturday

Saturday, November 17
Meet at the church

CHURCH SCHEDULE:

Sunday, November 4: All Saints' Sunday

9:30 am Sunday School
10:10 am Church choir prep
10:30 am Worship Service w/Holy Communion
2:00 pm Confirmation Class
5:00 pm **HCY** in fellowship hall

Thursday, November 8

10:00 am **PrimeTimers** meet at Billy Graham Library

Friday, November 9-10

HCY Lock-In

6:00 pm Friday is drop-off; 8:00 am Saturday is pickup

Saturday, November 10

7:00 pm *Staying Connected* meet in Fellowship Hall

Sunday, November 11 25th Sunday after Pentecost

9:30 am Sunday School
10:10 am Church choir prep
10:30 am Worship Service
Council after

Tuesday, November 15

Christian Ed virtual meeting

Saturday, November 17

10:00 am **Kids' Club** meet at the church

Sunday, November 18 26th Sunday after Pentecost

9:30 am Sunday School
10:10 am Church choir prep
10:30 am The Service
5:00 pm **HCY** Campfire

Sunday, November 25 Christ the King Sunday

9:30 am Sunday School
10:10 am Church choir prep
10:30 am The Service with Holy Communion

REGULAR MEETING TIMES:

Sundays: 8:45 am Children's Ensemble
9:30 am Sunday School
10:10 am Church choir prep
10:30 am Worship Service
5:00 pm Adult Handbell Choir
6:00 pm Church Choir

Tuesdays: 7:00 pm Chamber Choir, Nar-Anon

Wednesdays: 5:00 pm Youth Handbells

TREASURER'S REPORT:

Report for the month	September, 2018	Year-to-Date
Budget Expenses:	\$24,055.08	\$216,495.75
Actual Expenses:	23,545.59	210,183.73
Offerings Received:	24,016.00	206,387.03
(Loss) for Period:	\$ 470.41	(\$ 3,796.70)
Offerings less Expected Expenses:	(\$ 39.08)	(\$ 10,108.72)

ASSISTING MINISTERS:

LECTORS: Billy Joye, Chief Lector (Communions)

November 4 & 25: Billy Joye

November 11: Jim Buell

November 18: Teresa Keller

ACOLYTES & CRUCIFERS: Volunteers

ALTAR GUILD: (Team 3)

Fran Holland, Tracey Nault Co-Captains

Katie Howard Rebecca Yount

COMMUNION ASSISTANTS: (Team A)

Bev Mauney Fran Holland

Sherry Alexander

EUCHARIST PRESENTERS:

November 4 & 25: Volunteers

GREETERS FOR THE MONTH:

November 4: Trudy Whitener

November 11: Carmen Buell

November 18: Teresa Keller

November 25: Pat Koehler

TELLERS: Rochelle & Danny Potter

USHERS: Volunteers

ALTAR FLOWERS:

November 4: Mark & Rebecca Yount, Luke & Alec Via
1 vase available

November 11: Debbie Mendez

Dianne Lail

November 18: Rochelle Potter (both vases)

November 25: Both vases available

CHILDREN'S CHURCH:

November 4: Carmen De Nicholas

November 11: Volunteers

November 18: Melissa Bocchino

November 25: Volunteers

NURSERY: (10:30 am-11:45 am)

November 4: Katie Howard

November 11: Volunteer

November 18: Brandy Milton

November 25: Volunteer

A nursery is provided for infants and a separate nursery for the toddlers. We encourage you to use the nurseries if your children become restless and/or vocal.

November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
				<i>HolyC Men's Group</i> <i>Time & Location TBA</i>		
4 All Saints' Sunday 8:45am Children's Ensemble 9:30 am Sunday School 10:10 am Church choir prep 10:30 am The Service w/HC 2:00 pm Confirmation 5:00 pm Handbells, HCY 6:00 pm Church Choir	5	6	7  5:00 pm Youth Handbells 6:45 pm Meet at the church	8  10:00 am Prime Timers Meet at Billy Graham Library	9  6:00 pm HCY Lock-In Drop-Off	10  8:00 am HCY Lock-In Pick-Up  7:00 pm <i>Staying Connected</i> Meet in Fellowship Hall
11 25th Sunday after Pentecost 8:45am Children's Ensemble 9:30 am Sunday School 10:10 am Church choir prep 10:30 am The Service Council after 5:00 pm Handbells 6:00 pm Church Choir	12	13	14  5:00 pm Youth Handbells 6:45 pm Meet at the church	15	16	17  Time to be announced
18 26th Sunday after Pentecost 8:45am Children's Ensemble 9:30 am Sunday School 10:10 am Church choir prep 10:30 am The Service Congregational Meeting 5:00 pm Handbells HCY Campfire 6:00 pm Church Choir	19	20	21	22 	23	24
25 Christ the King Sunday 8:45am Children's Ensemble 9:30 am Sunday School 10:10 am Church choir prep 10:30 am The Service with Holy Communion 5:00 pm Handbells 6:00 pm Church Choir	26	27	28  5:00 pm Youth Handbells 6:45 pm Meet at the church	29	30 St. Andrew, Apostle	

We recognize and celebrate these birthdays in the month of November. We are thankful for the life and Spirit of those we celebrate. May the blessings of God flow in the life of each of you.

November 1 Donna Bean
November 2 Beckham Bryant
November 3 Brad Milton
November 5 Debbie Mendez
November 6 Deborah Bray
Jenn Kearney
November 8 Jim Buell
Matthew Heilig
November 11 Ashley Ange
Richard Holden
November 12 Greg Byrum
Libby Joye
November 15 Laurel Mauney
November 16 Dylan Fox
Bob Wiegand
November 18 Brian Achor
November 19 Nathaniel Kearney
Danny Potter
November 20 David Bruchon
November 22 Olivia Sarrazin
November 23 Cheryl Fox
November 25 Mallory Morton
November 27 Sue Lahr
November 29 Rickie Neagle

If we have unintentionally left any member's name off this list, or if there are any errors, please call the church office.

