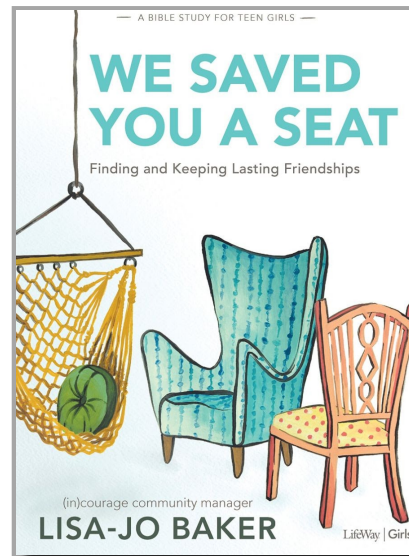


Beka's  
Buzz

In three years at Holy C there aren't many firsts for me these days. Recently Pastor Micah, Greg, Dianne and myself were in staff meeting and we were chatting about Advent (I know what you're thinking, it's too soon, and I feel the same way) and I was calculating how many Advents I had been here for and the number is 3. How crazy to think that three years have come and gone so quickly, feels like yesterday that I just started. So, I don't get many first's these days. I mean there is the occasional new thing which I guess could be a first but often it is just a revitalization of something we already do, making it sound new. But this summer I had a first.

Mallory Morton and I get together regularly for coffee, life updates, and quality time. Recently Mallory came to me and asked me if we could do some kind of Girl's Bible Study. I was floored. Absolutely shocked. We had a young person come to me and ask me to lead something for our young people, **PEER LEAD BIBLE STUDY!** I cannot begin to tell how excited I was, and how our coffee dates in the future changed. Mallory and I talked about what we hope this time together would do for our young women. We talked about expectations and dreams and big ideas. Mallory and I's conversations became holy, they became centered around how to be in community and build on faith foundations. Mallory floored me. In all 3 years of ministry at Holy C, never have I experienced this. This, being a young person feeling a calling to be with our young people and helping foster a space for faith formation. I am amazed.

Saturday, September 14 **Kids' Club** will meet at 10:00 am at the church. Space theme with pancakes so dress in your favorite space outfit! Games, food & fun. **RSVP to Beka.**



**Starting on September 11<sup>th</sup>** all **HCY** aged young ladies are invited to join Mallory Morton at 6:45 pm until 8:00 pm in the youth room (the air hockey room upstairs). During this time, our Women's Bible Study will go on in the Parlor as normal. We hope that you will join us in community in our Women's Bible Study and our **HCY Girl's Bible Study**. This is a first and we welcome you to be a part of something so very exciting and new!

### Faithful Families Tip:

As a family, think of all the different names for God and write them down. Use any resources you can think of. When you pray, try praying and talking with God using some of the different names your family came up with.

 Lutheran Church of the  
**Holy Comforter COMMENT**  
216 N. Main Street, Belmont, NC 28012  
704-825-2483 holycomforter@gmail.com

Micah Kearney, Pastor email: mkearney@holyc.org  
Greg Cline, Organist /Choirmaster  
Beka Forst, Director of Youth & Family Ministries  
Teresa Keller, Parish Nurse  
Dianne Lail, Communications/Office



**27Whoever does not carry the cross and follow me cannot be my disciple.**

**Luke 14:27**

**Communion Opportunities for September**  
Weekly during Sunday morning worship



Dianne Lail, Communications/Office Manager  
Volume 40 No. 9

**SUNDAY SCHEDULE** 9:30 am Sunday School  
10:30 am The Service  
**Church Office Hours** Monday-Thursday  
8:30 am—3:00 pm



**Staying Connected** will be going to *Loaves and Fishes* on Saturday, **September 7th from 9-11 am.**

Please meet at the church at 8:15 am to carpool to Charlotte. Wear comfortable clothes and **you must wear closed toe shoes!**

Address: 648 Griffith Road, Charlotte, NC.

## God's work. Our hands.

**God's work.** Our hands.

On **September 8** (after an abbreviated worship service) we will leave to begin our service projects.

Watch for sign-up sheets at the back of the church for projects we will be involved in. Some of those projects include SOCKS Crises Ministries, House of Mercy and Mountain Ridge Home. On-site activities will include cookie decorating for service personnel and making blankets for *Lutheran World Relief*. You may also make a freewill offering towards our purchase of clothes for SOCKS.

### Baby Bottle Challenge Success

Thank you to all who participated in the baby bottle challenge for Crises Pregnancy Center. We were able to raise over \$600 to help their mission.



8:45 am Children's Ensemble  
9:00 am *Rally Day* Breakfast  
9:45 am Church choir prep  
10:00 am Worship service (abbreviated)  
10:30 am **Depart for service projects**  
5:00 pm Handbells  
6:00 pm Church Choir practice



**10:00 am Saturday, September 14**  
**Meet at the church**



September - "*Back to School month*" - is already upon us! What a hot summer we've had, and I know most of you are really looking forward to fall.

The *Walk With God* program has been underway all summer and now coming to a close for the season (we made it to the West Coast and back home!), but the Health Ministry has a few things up its sleeves for you for the fall and winter: We are working on putting together a workshop called "Getting Your House in Order," a seminar on dementia versus Alzheimer's, and the PEP exercise class (remember, it's the one that is gentle exercise for folks with joint mobility issues) will resume soon for the school year.

Now, with school starting we think about the need for our kiddos to be up-to-date on their immunizations, but there is need for adults to be up-to-date, also. Consider this:

Vaccines are arguably one of the greatest technological developments of the twentieth century. They've done such a good job preventing and eradicating disease that many Americans have never seen a case of the mass killers of the past, such as smallpox and polio. However, despite their success, more than 40,000 American adults die each year from diseases that can be prevented by immunization. Check out these statistics:

- ◆ As we age, we become more susceptible to serious diseases caused by common infections, such as influenza and pneumococcal (strep) pneumonia.
- ◆ Nearly 1 million Americans get "shingles" (herpes zoster) every year.
- ◆ By age 50, 80% of all women will be infected with human papillomavirus (HPV), the virus that causes cervical cancer.

- ◆ Pertussis (whooping cough) is on the rise and can be life-threatening to babies and NON-IMMUNIZED ADULTS.
- ◆ 36,000 Americans die each year from flu-related illness; most of these are 65 years of age or older.

Current recommendations for adult immunizations are as follows:

**Flu (influenza) vaccine.** To prevent the flu, the CDC recommends annual flu vaccination for everyone ages 6 months or older. Adults age 50 and older should not get the nasal spray flu vaccine. The flu can cause serious complications in older adults.

### Pneumococcal vaccine.

The CDC recommends the pneumococcal vaccines — there are two — for adults age 65 and older.

**Tetanus toxoid, reduced diphtheria toxoid and acellular pertussis (Tdap) vaccine.** One dose of Tdap is routinely given at age 11 or 12. If you've never had a Tdap vaccine, the CDC recommends getting the Tdap vaccine as soon as possible. One dose of Tdap vaccine is also recommended during each pregnancy, ideally between week 27 and 36 of pregnancy. A Td booster is recommended every 10 years.

**Shingles.** To prevent shingles, the CDC recommends the vaccine Shingrix for healthy adults age 50 and older, even if you've previously had the live shingles vaccine, Zostavax. While not life-threatening, shingles can be very painful.

**Human papillomavirus (HPV):** Women ages 19-26 should receive 3 doses of vaccine.

So, while getting your children's vaccinations up-to-date, be sure to get YOURS up-to-date, as well. You'll be a good role model for them!

# MUSIC NOTES



**Our children's ensemble** will begin again on Rally Day (September 8) at 8:45. We will have a brief session before our fellowship breakfast at 9:00 on that day. This group thereafter meets Sundays 8:45 - 9:30, moving directly into Sunday school. We invite all children, pre-K - grade 5 who have a song in their heart, to join us each week upstairs in the educational building. Questions? See Mr. Greg.



**Our adult church choir** resumed rehearsal on August 18. This ministry is the one that truly never gets a break. Even on the lowest Sunday service of the year we call upon all who might be in town to come and lead the assembly in song. We have meaningful anthem offerings that we are earnestly working on this upcoming fall.

**Chamber choir ensemble** will resume the day after Labor Day. This group of singers presents anthems throughout the year, in addition to the choral offerings involving the entire church choir.



**Adult Handbell Ensemble** members are also returning after a restful summer break. This group prepares handbell anthem offerings throughout the year. All of the ringers also sing in our choral choir.

**Youth Handbell Ensemble** is a group of youth who come together to ring seasonally, accompanying both Advent and Lenten Evening services of worship. A signup sheet will begin circulating in September in preparation for Advent services.

We usually rehearse beginning a month or so out from these services of worship. Contact Greg if you have any questions. You do not have to read music in order to participate. We have space for up to 12 ringers.

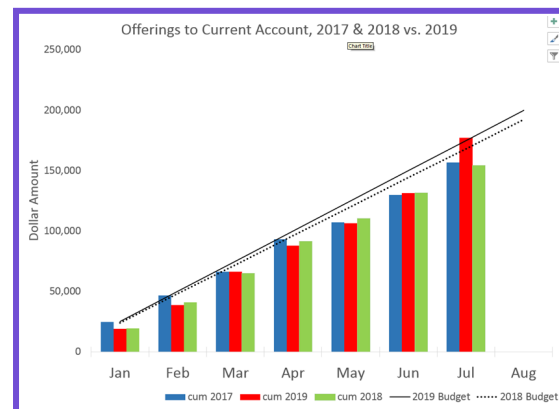
Several teenagers have expressed interest in participating in the formation of a Youth Choir Ensemble for middle and high schoolers. In the past, scheduling young folks' busy schedules proved to be an obstacle not easily overcome.

We are again in conversation regarding how this ministry might be renewed. So, youth, let your voices be heard! Let Greg know of your interest. If the numbers do not yet exist another option is participation in the church choir which is open through audition to members of confirmation age and over.

*Blessings! Greg Cline*

## Treasurer's Report (Warren Heller)

Report for Month	July 2019	Year-to-Date
Budgeted Expenses:	\$25,022.17	\$175,155.17
Actual Expenses:	24,816.53	175,226.69
Offerings Received:	45,460.31	177,147.77
Gain (Loss) for Period:	\$21,443.78	\$ 1,881.08



## CHURCH SCHEDULE:

### Sunday, September 1 12th Sunday after Pentecost

9:30 am Adult Sunday School  
10:10 am Church choir prep  
10:30 am Worship Service w/Holy Communion

### Monday, September 2 Labor Day

Office Closed

### Tuesdays, September 3, 10, 17 & 24

7:00 pm Chamber Choir, Nar-Anon

### Wednesdays, September 11, 18 & 25

6:45 pm Women's Bible Study

HCY Girls' Bible Study starting Sept. 11th

### Sunday, September 8 13th Sunday after Pentecost

8:45 am Children's Ensemble  
9:00 am **Rally Day** Breakfast  
9:45 am Church choir prep  
10:00 am The Service  
10:30 am Depart for projects **God's Work; Our Hands**  
5:00 pm Handbells  
6:00 pm Church Choir

### Thursday, September 12 Prime Timers

10:30 am Meet at church for Bible study; carpool to lunch

### Saturday, September 14

10:00 am *Kids' Club* meets at the church. Space theme.

### Sunday, September 15 14th Sunday after Pentecost

8:45 am Children's Ensemble  
9:30 am Sunday School  
10:10 am Church choir prep  
10:30 am Worship Service w/Holy Communion  
5:00 pm Handbells  
HCY  
6:00 pm Church Choir

### Tuesday, September 17

7:00 pm Christian Ed meeting

### Sunday, September 22 15th Sunday after Pentecost

8:45 am Children's Ensemble  
9:30 am Sunday School  
10:10 am Church choir prep  
10:30 am Worship Service w/Holy Communion  
2:00 pm Confirmation at Holy Comforter  
5:00 pm Handbells  
HCY

6:00 pm Church Choir

### Tuesday, September 24

6:00 pm Worship & Music meeting

### Sunday, September 29 16th Sunday after Pentecost

8:45 am Children's Ensemble  
9:30 am Sunday School  
10:10 am Church choir prep  
10:30 am Worship Service w/HC and noisy offering  
5:00 pm Handbells  
6:00 pm Church Choir

## ASSISTING MINISTERS:

### LECTORS: Billy Joye, Chief Lector

September 1: Volunteer  
September 8: Billy Joye  
September 15: Julia Gunter  
September 22: Billy Joye  
September 29: Judy Caldwell

ACOLYTE: Eva Kline

CRUCIFER: Arden De Nicholas

ALTAR GUILD: (Team 2)

Brad & Brandy Milton, Co-Captains

Donna Bean Beverly Robinson

COMMUNION ASSISTANTS: Volunteers

EUCCHARIST PRESENTERS: Volunteers

GREETERS FOR THE MONTH:

September 1: Nancy Powell

September 8: Volunteer

September 15: Volunteer

September 22: Pat Long

September 29: Volunteer

SEPTEMBER TELLERS: Rochelle & Danny Potter

USHERS: Volunteers

ALTAR FLOWERS:

September 1: Both vases available

September 8: Bruchon Children

1 vase available

September 15: Myra Hollar (both vases)

September 22: Fran Holland

1 vase available

September 29: Jo Singleton

1 vase available

CHILDREN'S CHURCH:

September 1: Jenn Kearney

September 8: Krystyna Sarrazin

September 15: Rebecca Yount

September 22: Jill Cassel

September 29: Jenn Kearney

NURSERY: (10:30 am-11:45 am)

September 1: Jill Cassel

September 8: Rebecca Yount

September 15: Volunteer

September 22: Lucy Mitchell

September 29: Katie Howard

A nursery is provided for your convenience. We encourage you to use the nursery if your children become restless and/or vocal.

# September 2019

We recognize and celebrate these birthdays in the month of September. We are thankful for the life and Spirit of those we celebrate. May the blessings of God flow in the life of each of you.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1 12th Sunday after Pentecost</b> 9:30 am Adult Sunday School 10:10 am Church choir prep 10:30 am The Service with Holy Communion	2   <b>Labor Day</b>	3  7:00 pm Chamber Choir Nar-Anon	4   HCY Girls Bible Study 6:45-8:00 pm Upstairs Women's Bible Study 6:45 pm	5   <b>Prime Timers Meeting</b> 10:30 am Fellowship Hall Bible study & carpool to lunch at McAdenville Table & Market	6   10:00 am Space theme with pancakes for breakfast Meet at the church <b>Holy Cross Day</b>	7
<b>8 13th Sunday after Pentecost</b> 8:45 am Children's Ensemble 9:00 am Rally Day Breakfast 9:45 am Church choir prep 10:00 am The Service 10:30 am <b>Depart for projects</b> 5:00 pm Handbells 6:00 pm Church Choir	9	10  7:00 pm Chamber Choir Nar-Anon	11   HCY Girls Bible Study 6:45-8:00 pm Upstairs Women's Bible Study 6:45 pm	12	13	14  <b>St. Matthew, Apostle, Evangelist</b>
<b>15 14th Sunday after Pentecost</b> 8:45 am Children's Ensemble 9:30 am Sunday School 10:10 am Church choir prep 10:30 am The Service with Holy Communion 5:00 pm Handbells <b>HCY Pool Party</b> 6:00 pm Church Choir	16	17  7:00 pm Chamber Choir Christian Ed meets Nar-Anon	18   HCY Girls Bible Study 6:45-8:00 pm Upstairs Women's Bible Study 6:45 pm	19	20	21
<b>22 15th Sunday after Pentecost</b> 8:45 am Children's Ensemble 9:30 am Sunday School 10:10 am Church choir prep 10:30 am The Service w/HC 2:00 pm <b>Confirmation at HC</b> 5:00 pm Handbells <b>HCY</b> 6:00 pm Church Choir	23	24  6:00 pm Worship & Music meets 7:00 pm Chamber Choir Nar-Anon	25   HCY Girls Bible Study 6:45-8:00 pm Upstairs Women's Bible Study 6:45 pm	26	27	28
<b>29 16th Sunday after Pentecost</b> 8:45 am Children's Ensemble 9:30 am Sunday School 10:10 am Church choir prep 10:30 am The Service with Holy Communion Noisy Offering 5:00 pm Handbells 6:00 pm Church Choir	30					



September 2	Preston Baker
September 6	Alex Buell
September 7	Elizabeth Bruchon Maddox Nixon
September 10	Austin Kellogg Sherry Nelson
September 11	Hannah Carnes Madison Carr Maria Carr
September 14	Emily Koehler
September 16	Rick Whitener
September 17	Bill Hollar Tony Leitner
September 18	Winston Baker
September 20	Lyn Miller Beverly Reynolds Dan Wallace
September 21	Horace Bean
September 23	Mary Page Anne Reese Rebecca Yount
September 25	Harold Singleton Warren Heller
September 26	Henrik Sarrazin Leo Kasmer James Milton
September 28	Jeremy Scharpenberg Elizabeth Passer Barbara Beale
September 30	Claire Mitchell

If we have unintentionally left any member's name off this list, or if there are any errors, please call the church office.