Lutheran Church of the Holy Comforter

• 216 N. Main Street • Belmont, NC 28012 • July 21, 2019 •

The Sixth Sunday after Pentecost



Micah Kearney Pastor Greg Cline Organist/Choirmaster

WELCOME/GATHERING

PRELUDE

CONFESSION AND FORGIVENESS

P Blessed be the holy Trinity, + one God, who forgives all our sin, whose mercy endures forever

C Amen.

P Seeking reconciliation with God and neighbor, let us remember the gift of baptism and confess our sin.

Silence is kept for reflection.

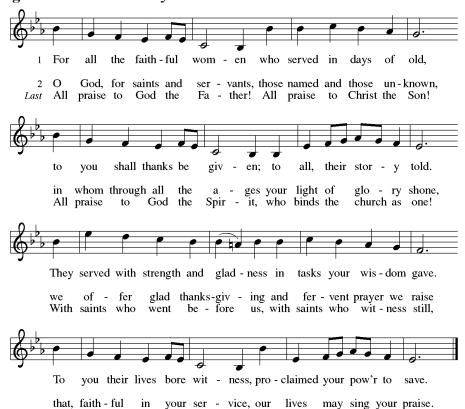
P God of mercy,

C we confess that we have sinned against you, against one another, and against the earth entrusted to our care. We are worried and distracted by many things, and we fail to love you above all else. We store up treasures for ourselves and turn away from our neighbors in need. Forgive us, that we may live in the freedom of your Son, Jesus Christ our Lord. Amen.

P When we were laid low by sin and guilt, God made us alive together with Christ, forgiving us + all our trespasses by taking our sins to the cross. For freedom Christ has set us free: Rejoice in this good news!

C Amen.

GATHERING SONG: For All the Faithful Women All Stand & Sing Please sing verse Martha & Mary between verse 1 and 2.



Text: Herman G. Stuempfle Jr., b. 1923 Music: KUORTANE, Finnish folk tune Text © 1993 GIA Publications, Inc., 7404 S. Mason Ave., Chicago, IL 60638. www.giamusic.com. 800.442.3358. All rights reserved. Used by permission.

sing glad al - le - lu - ias and

(Martha & Mary verse) We sing of busy Martha who toiled with pot and pan while Mary sat in silence to hear the word again.

Christ, keep our hearts attentive to truth that you declare, and strengthen us for service when work becomes our prayer.

strive

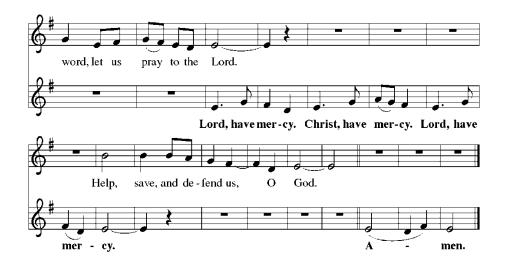
do vour will.

GREETING

- P Sisters and brothers in Christ, beloved children of God: grace, mercy, and peace be with you all.
- C And also with you.

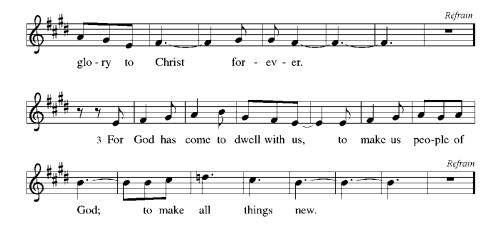
KYRIE





CANTICLE OF PRAISE





SALUTATION



PRAYER OF THE DAY

P Let us pray.

Eternal God, you draw near to us in Christ, and you make yourself our guest. Amid the cares of our lives, make us attentive to your presence, that we may treasure your word above all else, through Jesus Christ, our Savior and Lord.

C Amen.

Congregation is seated and are invited to sing "Jesus Loves Me" as the children come forward.

CHILDREN'S TIME

Children ages 4 to 8 years-old are invited to go to the Education building for a 20-minute (or so) time together immediately after the Children's sermon. Children will return to their parents during the hymn of the day. Children birth through 3 years-old are invited to join others their age in the nursery.

FIRST READING Genesis 18:1-10a

A reading from the eighteenth chapter of Genesis.

The Lord visits Abraham and Sarah to tell them that the long—awaited promise of the birth of a child will be fulfilled for them in their old age.

¹The LORD appeared to Abraham by the oaks of Mamre, as he sat at the entrance of his tent in the heat of the day. ²He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. ³He said, "My lord, if I find favor with you, do not pass by your servant. ⁴Let a little water be brought, and wash your feet, and rest yourselves under the tree. ⁵Let me bring a little bread, that you may refresh yourselves, and after that you may pass on—since you have come to your servant." So they said, "Do as you have said." ⁶And Abraham hastened into the tent to Sarah, and said, "Make ready quickly three measures of choice flour, knead it, and make cakes." ⁷Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. ⁸Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate.

⁹They said to him, "Where is your wife Sarah?" And he said, "There, in the tent." ^{10a}Then one said, "I will surely return to you in due season, and your wife Sarah shall have a son."

- A The word of the Lord.
- C Thanks be to God.

SECOND READING Colossians 1:15-28

A reading from the first chapter of Colossians.

Sometimes Paul preaches with great attention to theological concepts. Here, however, Paul offers a mystical teaching, that the great mystery of God is "Christ in you." Because Christ is present in the church, Christians share in his life, suffering, and glory.

¹⁵[Christ Jesus] is the image of the invisible God, the firstborn of all creation; ¹⁶for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers—all things have been created through him and for him. ¹⁷He himself is before all things, and in him all things hold together. ¹⁸He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. ¹⁹For in him all the fullness of God was

pleased to dwell, ²⁰and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross.

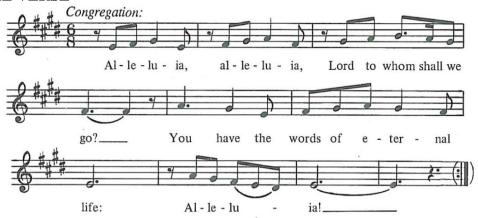
²¹And you who were once estranged and hostile in mind, doing evil deeds, ²²he has now reconciled in his fleshly body through death, so as to present you holy and blameless and irreproachable before him—²³provided that you continue securely established and steadfast in the faith, without shifting from the hope promised by the gospel that you heard, which has been proclaimed to every creature under heaven. I, Paul, became a servant of this gospel.

²⁴I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what is lacking in Christ's afflictions for the sake of his body, that is, the church. ²⁵I became its servant according to God's commission that was given to me for you, to make the word of God fully known, ²⁶the mystery that has been hidden throughout the ages and generations but has now been revealed to his saints. ²⁷To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. ²⁸It is he whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ.

A The word of the Lord.

C Thanks be to God.

GOSPEL VERSE



GOSPEL Luke 10:38-42

- P The holy gospel according to St. Luke, the tenth chapter.
- C Glory to you, O Lord.

Jesus uses his visit to two sisters as an occasion to remind disciples that an important aspect of obedience is single-minded devotion to Jesus and his word.

³⁸Now as [Jesus and his disciples] went on their way, he entered a certain village, where a woman named Martha welcomed him into her home. ³⁹She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. ⁴⁰But Martha was distracted by her many tasks; so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me." ⁴¹But the Lord answered her, "Martha, Martha, you are worried and distracted by many things; ⁴²there is need of only one thing. Mary has chosen the better part, which will not be taken away from her."

- P The gospel of the Lord.
- C Praise to you, O Christ.

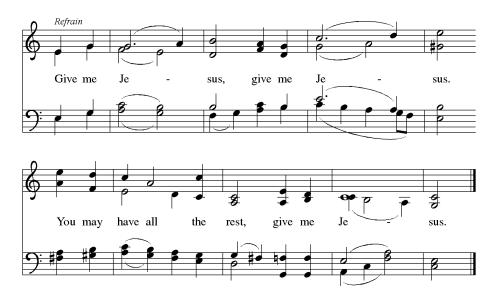
Congregation is seated.

SERMON Pastor Micah

Silence is kept for reflection.







Text: African American spiritual Music: GIVE ME JESUS, African American spiritual; arr. hymnal version Arr. © 2006 Augsburg Fortress.

APOSTLES' CREED

I believe in God, the Father almighty,

creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord,

who was conceived by the Holy Spirit,

born of the virgin Mary,

suffered under Pontius Pilate,

was crucified, died, and was buried;

he descended to the dead.

On the third day he rose again;

he ascended into heaven,

he is seated at the right hand of the Father,

and he will come to judge the living and the dead.

I believe in the Holy Spirit,

the holy catholic church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body,

and the life everlasting. Amen.

PRAYERS OF INTERCESSION

Joining our voices with God's people around the world, let us offer our prayers for those in need.

A brief silence.

For the church, visible and invisible; for all servants of the gospel; and for the holy people of God, that we hear your word and share your supper, let us pray.

Have mercy, O God.

For favorable weather; for calm waters and seas; and for all creation, that it become for us a reflection of God's glory. For those affected by natural disasters, that they be provided relief, let us pray.

Have mercy, O God.

For those who help make our communities safe: police officers and firefighters, military and international peacekeepers, local and national leaders, that God's peace and compassion come also to us, let us pray.

Have mercy, O God.

For the sick, the hungry, the imprisoned, those living with HIV/AIDS, those awaiting the birth of children, and all people in need (*especially*), that Christ, our great physician, care for all who are in distress, let us pray.

Have mercy, O God.

For those who are distracted by overwork and those who seek more adequate employment, that we recognize God's goodness in vocations of all kinds, let us pray. **Have mercy, O God.**

In thanksgiving for those who have died and are now at peace, and for their lives that bear witness to the hope promised in the resurrection, let us pray.

Have mercy, O God.

Merciful God, you hear the prayers of your people even before they are spoken. We commend these and all our prayers to you, trusting in your abundant mercy; through Jesus Christ, our Savior and Lord.

Amen.

PEACE

- P The peace of Christ be with you always.
- C And also with you.

OFFERTORY

OFFERTORY RESPONSE: As the Grains of Wheat All Stand & Sing

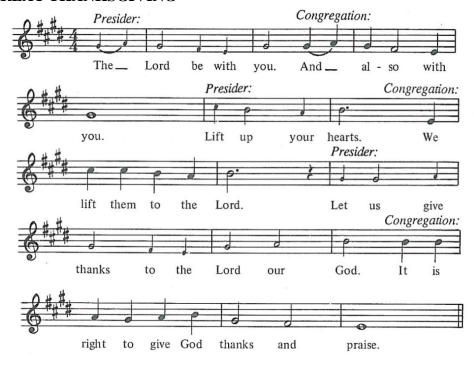


OFFERING PRAYER

A Let us pray.

C Blessed are you, O God, for the greening earth given for all, for the talents we are given to share, and for this bread and wine. Transform us to be the body of Christ, that, feasting on this food and drink, our lives may reflect your generosity; through Christ our Lord. Amen.

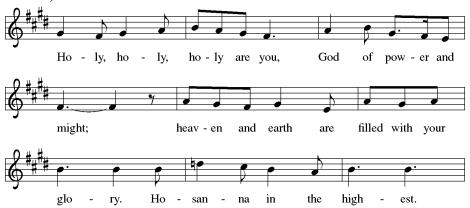
THE GREAT THANKSGIVING

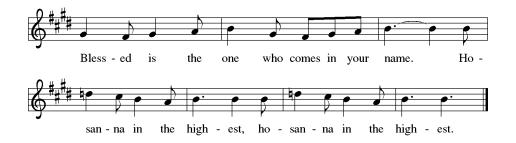


PREFACE

P ...we praise your name and join their unending hymn:

HOLY, HOLY, HOLY

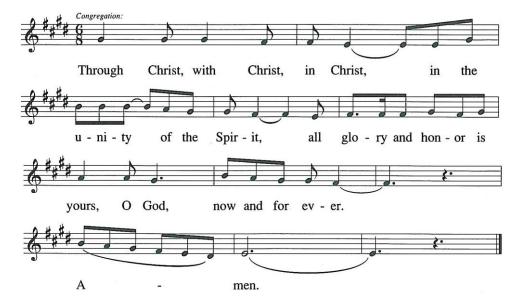




THANKSGIVING AT THE TABLE

P ... and in whom we live, Jesus Christ.

THROUGH CHRIST



LORD'S PRAYER

Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those

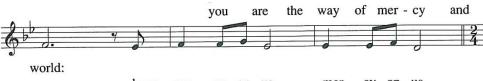
who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

INVITATION TO COMMUNION

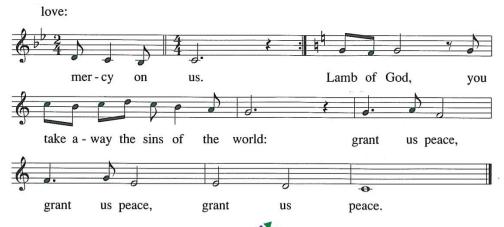
- P God invites you to this table of bounty. Come, the banquet is ready.
- C Thanks be to God.

COMMUNION SONG





have mer - cy on us, mer - cy on us,



COMMUNION

A cordial invitation is extended to all baptized persons to participate in the celebration of the real presence of the Risen Christ in the Sacrament of Holy Communion.



Text: Irish, 8th cent.; vers. Eleanor H. Hull, 1860–1935, alt.; tr. Mary E. Byrne, 1880–1931 Music: SLANE, Irish traditional

P The body and blood of our Lord, Jesus Christ, strengthen you and keep you in his grace.

sion,

O

Rul - er

all.

of

C Amen.

still

be

my

PRAYER AFTER COMMUNION

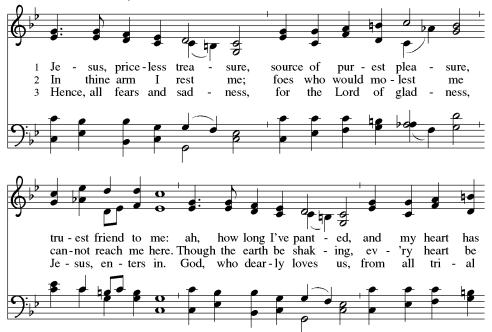
A Let us pray.

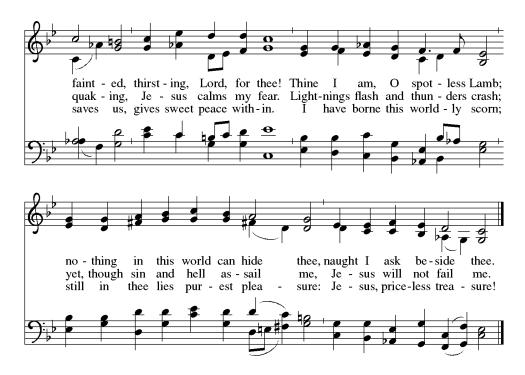
C O God, in this holy communion you have welcomed us into your presence, nourished us with words of mercy, and fed us at your table. Amid the cares of this life, strengthen us to love you with all our heart, serve our neighbors with a willing spirit, and honor the earth you have made; through Christ our Lord. Amen.

BLESSING

P Live your lives in Christ, rooted and built up in him, and abound in thanksgiving; and the blessing of the holy Trinity, + one God, be upon you and remain with you forever.

C Amen.





Text: Johann Franck, 1618–1677; tr. Catherine Winkworth, 1827–1878, alt. Music: JESU, MEINE FREUDE, Johann Crüger, 1598–1662; arr. hymnal version Arr. © 2006 Augsburg Fortress.

SENDING

A Go in peace. Christ is sending you.

C Thanks be to God.

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A CORDIAL WELCOME is extended to all our visitors on this Sixth Sunday after Pentecost. We pray that you will find a warm fellowship while you are among us and that you will return home with a renewed sense of dedication to Jesus Christ. Please sign our guest register or a visitor's card so that we can become acquainted with you. If you are without a church home, we invite you to investigate membership in this family of God.

CHILDREN ARE WELCOME IN WORSHIP. Jesus said, "let the children come to me!" Parents are encouraged to utilize the Kids Worship Kits found in the Narthex for older toddlers through early elementary age. A nursery for children (infants through 3 years old) is in the Education building. Let an usher know if you need assistance.



KIDS' WORSHIP CENTER: Pick up kits as you enter for worship! **Please return the tote bag** with the plastic bag of crayons, scratch pads, and pencils to the stand in the narthex. The children may take any papers home with them.

PRAYER REQUESTS: A notebook has been placed in the narthex for your prayer requests during the week. The book will be in the narthex on Sundays and in the church office during the week. If you wish a name to be added to our prayer board, please fill out a form from the prayer book or fill in the form on line at www.holyc.org.

THE FLOWERS ON OUR ALTAR TODAY are given to the glory of God by Jill & Erin Cassel in honor of Tyler's birthday.

Those who have placed flowers on the altar may use the containers to take them home, but please return the containers to the church.

Julia Gunter, Worship & Music

Attendance & Budget Report for Sunday, July 14, 2019:

Attendance: 124

Budget Report	This Week	Year-to-Date	(Unfavorable)
Offering	\$ 4,980.00	\$139,688.46	(21,993.23)
Expenses	\$ 5,774.35	\$162,831.35	(1,149.66)
Offering less Expenses	(\$ 794.35)	(<u>\$ 23,142.89</u>)	(23,142.89)

Sanctuary Roof and HVAC Status as Of: 7/14/19

Goal: \$225,000 Received to Date: 155,065 Additional Amounts Promised: 35,000 Remaining Needed: \$34,935

ASSISTING MINISTERS:

LECTOR: Billy Joye GREETER: Pat Long

ACOLYTE: Kaylin Leitner

CRUCIFER: Volunteer

ALTAR GUILD: (Team 3) Fran Holland, Co-Captain Tracey Nault, Co-Captain

Rebecca Yount

Emily Koehler

TELLERS:

Shelia & Tim Kelly

CHILDREN'S CHURCH:

NURSERY: (10:30-11:45 am)

Volunteer

USHERS: Volunteers

EUCHARIST PRESENTERS: Volunteers

COMMUNION ASSISTANTS: Volunteers

BIRTHDAYS FOR THIS WEEK: July 21-27

Today, July 21 John Crist

Ashton Nault Caroline Nault

Alex Sarrazin

July 22 Melissa Bocchino

July 24 Cathleen Allen

July 25 Brayden Alvarez

July 26 Emilie Bruchon

Gary Clark



THIS WEEK'S MEETINGS: Today, Sunday, July 21

9:30 am Adult Sunday School 10:10 am Church Choir prep

10:30 am The Service w/Holy Communion

Tuesday, July 23

6:00 pm Worship & Music meets 7:00 pm Nar-Anon



PRAYERS FOR OUR FAMILY OF HOLY COMFORTER

Cathleen AllenSarah Tench HelmsSherry PerryCynthia BuchananKay HoldenMarguerite ShiveShirley CausbyZac HullanderDenise TaylorBrenda DabrowskiSue LahrBeverly ReynoldsBecke FeatherstoneBen MooseJerri & Mike Wesson

GREATER FAMILY OF GOD

Meredith Hovis Amy Beale Blythe Anne Murdy Steve Leonard Linda Nichols **Doug Brewer** Ron de la Vega Jennifer Lineberger Sarah Nichols Nancy Dickson Ruth Lyerly Richard Peters Carol Fox Cookie Lynn Tommy Smith Earl Gardner Jane Marino **Brody Thornburg** Larry "Poss" Garrett Clarence McLain Dennis Yates

OUR SERVICEMEN

Beau Carroll Tom Kasmer Leo Kasmer Colton Parker

er 🔏

Please remember these people in your prayers. as a person who needs to be added or removed from this li

If anyone has a person who needs to be added or removed from this list, please inform the church office.

The sign-up prayer forms are in the narthex and online at www.holyc.org.



Knowing When Not to Weigh Yourself If you weigh yourself every day, you'll regret it. Of course, daily weigh-ins are tempting and it's something all of us want to do when we are working hard to stay on a diet...we're eager to see how we're doing. But weighing yourself more than once a week may undermine your efforts and here's why:

- A moderate, acceptable weekly weight loss is around 1 pound. This comes out to an average of 2.3 ounces per day...something most scales do not register.
- You could easily get discouraged if no weight loss is recorded on a particular day. After a week, your loss will be more likely to register.
- As much as 70% of your body weight is water. Your weight on the scale can go up and down daily due to fluctuations in water, so you can't judge how well you did on your diet yesterday by what you weigh today. Consistent progress over many weeks is a better indication of weight loss.
- Becoming obsessed with the weight registered on your scale is not as important as whether or not you are learning new eating habits and exercising regularly.

When on a weight loss program, it is much more important to monitor your lifestyle and, if you HAVE to weigh yourself, follow these guidelines: Weigh yourself only ONCE a week, on the same day of the week, under the same circumstances – i.e. every Monday morning at 9:00, before getting dressed. You will find that by changing your eating and exercise habits and maintaining a consistent vigilance to your lifestyle, you'll also see consistent loss on your scales. Don't get trapped in the daily weigh-in game!

WALK WITH GOD WALKERS – Whoo hoo! Two thousand and two!! That is our new mileage and we've reached Flagstaff, Arizona! Keep up the great effort!!

REMEMBER – if you didn't sign up for the Walk With God program, you can still do so! It's the kind of program that allows you to join anytime!







Holy Doodles



NOTE: To ensure inclusion in the bulletin all information is due to Dianne in the office by **12 Noon on Wednesdays**.

Holy Comforter Lutheran Church

216 N. Main Street Belmont, NC 28012 704-825-2483 holycomforter@gmail.com

SUNDAY SCHEDULE: 9:30 am Sunday School, 10:30 am The Service Church Office Hours: Monday-Thursday, 8:30 am — 3:00 pm

Micah Kearney, Pastor email: MKearney@holyc.org Greg Cline, Organist /Choirmaster Beka Forst, Director of Youth & Family Ministries Dianne Lail, Communications/Office Manager Teresa Keller, Parish Nurse